

Bethesda Physio Clinic Expands

Now Offering Multidisciplinary Care

Bethesda Physio Clinic has gained an excellent reputation for providing effective solutions to all musculoskeletal problems. Since 2000 we have forged good links with hospital consultants, GP's and the patient population in the three counties of Hereford, Worcester and Gloucester and the Welsh borders through our two clinics in Ledbury and Bromyard.

We have felt for sometime that an in house clinical podiatrist would enhance our patients' clinical experience and outcome. We have great pleasure introducing experienced podiatrist David Williams who has run a successful clinic in Malvern since 1980.

If you have spinal, hip, knee, ankle or foot problems please come to our open day on Saturday 17th November to see if physiotherapists Kathryn and Abbey or podiatrist David, could help you. The multidisciplinary approach will make all the difference to a quick recovery. Back, hip, knee, foot and ankle problems are often related. Correcting the foot posture with orthotics combined with treatment to the affected area will often fully resolve painful symptoms.

David will assess patients with foot pain, dermatological, circulatory and diabetic problems and give advice regarding routine foot care. He is skilled in biomechanical assessment and will prescribe orthotics if appropriate. David is qualified to perform minor foot surgery which includes cryosurgery for warts and verrucae.

Kathryn and Abbey have 63 years of combined experience to offer in treating orthopaedic, ligament, muscle, sporting injuries and joints. All new clients receive a top-to-toe assessment and a treatment plan tailor made for the individual. Physiotherapy treatment involves hands-on soft

tissue and joint mobilisations. Electrotherapy including laser and ultrasound enhance the body's healing potential and relieve pain. Splints and supports aid pain management. Joint and soft tissue taping are especially useful when treating sports injuries (as you may have noticed when viewing the Olympic Games recently).

Should assessment indicate a problem which needs further investigation, Kathryn and Abbey are able to arrange MRI scanning and Ultrasound imaging at very competitive rates for their patients at the Linton House imaging centre in Cheltenham, to accurately diagnose spinal, joint, ligament and muscle pain.

We look forward to meeting you on Saturday 17th November. Appointments will be available between 10:00am and 4:00pm. We recommend you book early to avoid disappointment as there will be a limited number of appointments. To pre-book just call in or call us on 01531 633895.

Bethesda Physio Clinic

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Ledbury, Herefordshire, HR8 1AR

01531 633895

For further information please
have a look on our websites

www.herefordshirephysio.com

www.malvernpodiatrysurgery.co.uk



OPEN DAY

Bethesda Physio Clinic



Kathryn and Abbey



David



**Kathryn and Abbey welcomes David Williams
to our Ledbury Clinic**

We warmly invite you to our Open Day
at Bethesda Physio Clinic on

Saturday 17th November

Open between 10am and 4pm

FREE Podiatric or Physical Screening worth £25

To book your free consultation and short treatment
please call 01531 633895

...we look forward to meeting you

*There are a limited number of appointments
available so book early to avoid disappointment*